

fidelityfoundation

Revolutionizing Mental Health:

# Fidelity Wellness Check: an AI-Driven Wellness Tool



# Together We Can Make A Difference and **Empower Our Youth**

In an era where the mental well-being of our students is paramount, we find ourselves at a critical juncture, needing to embrace both innovation and empathy to tackle the increasing social-emotional challenges they encounter. The Fidelity Foundation Inc. is committed to pioneering solutions with AI-powered mental health assessments. This initiative allows schools to quickly identify and address social-emotional challenges, ensuring timely support and fostering a healthier educational environment for our youth.



## INTRODUCTION

# Importance of Mental Health

**Fidelity Wellness Check** is an AI-driven platform built to bridge the gap in mental health care in our schools. Our mission is to bring wellness to the forefront of education, fostering an environment where mental health is as fundamental as academic success.







## PROBLEM

# A Catastrophic Crisis: Student Mental Health

The COVID-19 pandemic has deeply affected U.S. students, worsening mental health and academic challenges, especially among those facing abuse, family economic struggles, and family losses. The crisis underscores the need for comprehensive support, highlighted by:

- **Rising instances of self-harm:** violence attributed to unaddressed mental health issues
- **Resource shortage:** Not enough counselors to perform individual screenings
- Without proper tools, assessments take **an hour per child**, one at a time



## OUR SOLUTION

# The Wellness Check Tool

Initiating this program aims to mitigate the pandemic's impact, promoting a supportive, inclusive educational environment for mental well-being and academic success.

- Cloud-based platform enables **simultaneous checks on thousands of students.**
- **Rapid, comprehensive assessments** facilitate early identification of high-risk students.
- **Anecdote:** Identifying honor roll students with hidden depression

The image displays two mobile devices showing the Wellness Check Tool interface. The tablet screen shows a progress bar at 04 of 08 and a question about feeling tired or having little energy. The smartphone screen shows a progress bar at 07 of 08 and a question about trouble concentrating on things.

**Tablet Screen (04 of 08):**

May Friday at 6:58 AM

How often have you been bothered by the following in the last two (2) weeks?

Feeling tired or having little energy

Select a number to indicate your answer

☐ 0 - Not at all

☐ 1 - Several days

☐ 2 - More than half the days

☐ 3 - Nearly every day

← BACK NEXT →

Need Help? Call an Expert +1 (678) 785-1970 | Terms of Services | Privacy Policy

**Smartphone Screen (07 of 08):**

6:42 AM

How often have you been bothered by the following in the last two (2) weeks?

Trouble concentrating on things, such as reading the newspaper or watching television

Select a number to indicate your answer

☐ 0 - Not at all

☒ 1 - Several days

← BACK NEXT →

Need Help? Call an Expert +1 (678) 785-1970



# Benefits and Impact



Universal assessments  
for broad population  
coverage



Precision identification  
of acute subjects in  
need



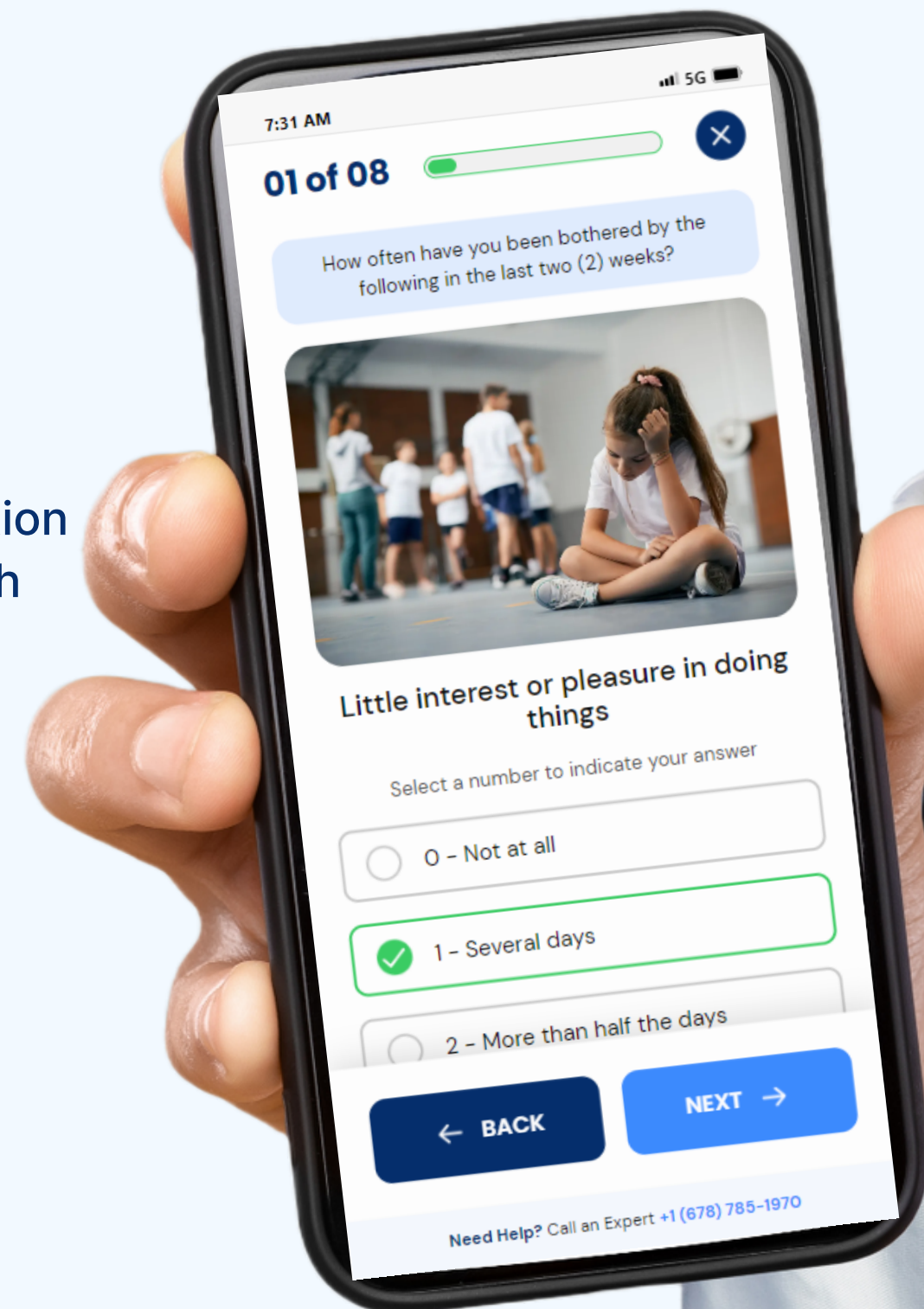
Optimized allocation  
of mental health  
resources



Data-driven evaluation  
of therapy sessions



Highlight the potential impact  
on mental health support and  
overall well-being





## Wellness Check Dashboard

Dougherty County School System



We are committed to promoting transparency and accountability. Feedback from you is an important part of learning to do things better. Send your views through [developers@fidelitymd.com](mailto:developers@fidelitymd.com)

### Overview

Select a School

Select a Severity Level

The information presented is regularly updated every five (5) minutes.

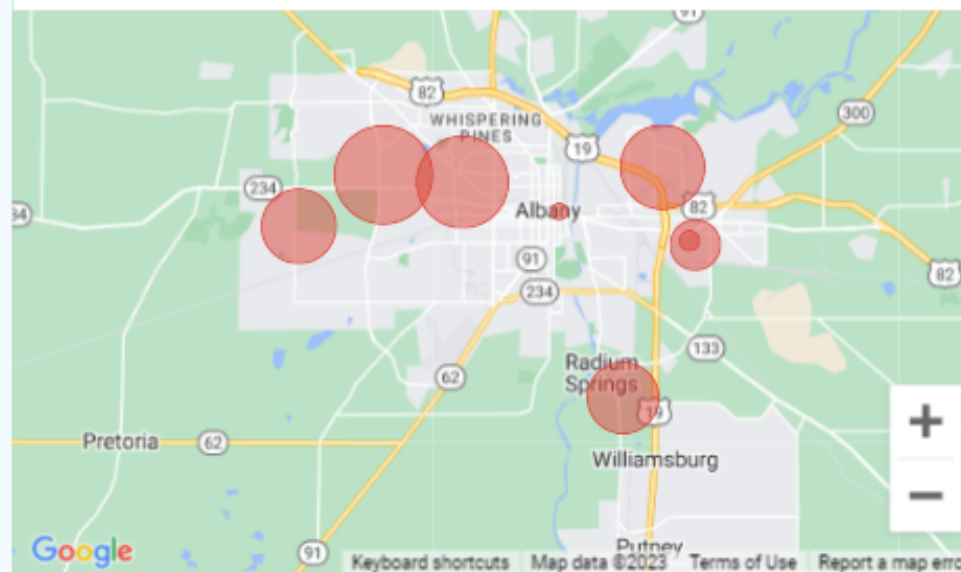
Use drop-down menu on the top to filter down the dashboard data by school and/or severity level.

#### Depression Cases by Severity

The scorecards below provide a quick tally of depression cases reported at each severity level. Please note that the "No. of Evaluations Performed" figure represents the total number of depression cases across all severity levels.

No. of Evaluations Performed	Minimal Depression (Between 0 - 4 Pts.)	Mild Depression (Between 5 - 9 Pts.)
2,853	1,281	870
Moderate Depression (Between 10 - 14 Pts.)	Moderately Severe D. (Between 15 - 19 Pts.)	Severe Depression (Between 20 - 24 Pts.)
454	199	49

#### Depression Cases by Geographic Distribution



# Value Proposition

- **Speed and scale:** Unprecedented efficiency in assessing students
- **Early detection and intervention:** Timely support for high-risk students
- **Cost-effective:** Reduced manpower and resources



# Our Success

Our platform has demonstrated real-world success, completing over 6,500 evaluations efficiently. This accomplishment significantly reduces the traditional man-hour requirement from 6,500 hours to just a few days—an equivalent to about 40 months, or roughly four and a half school years. This dramatic time savings showcases the significance of our tool, reinforcing our commitment to continue these essential assessments into the fall and highlighting our impact on transforming the lives of at-risk students.

An infographic with a dark blue background. Two vertical white lines with dots at the top extend from the text below up towards the main body of text. The left line is positioned above the text '6,500+ man hrs' and the right line is positioned above the text '6,512'.

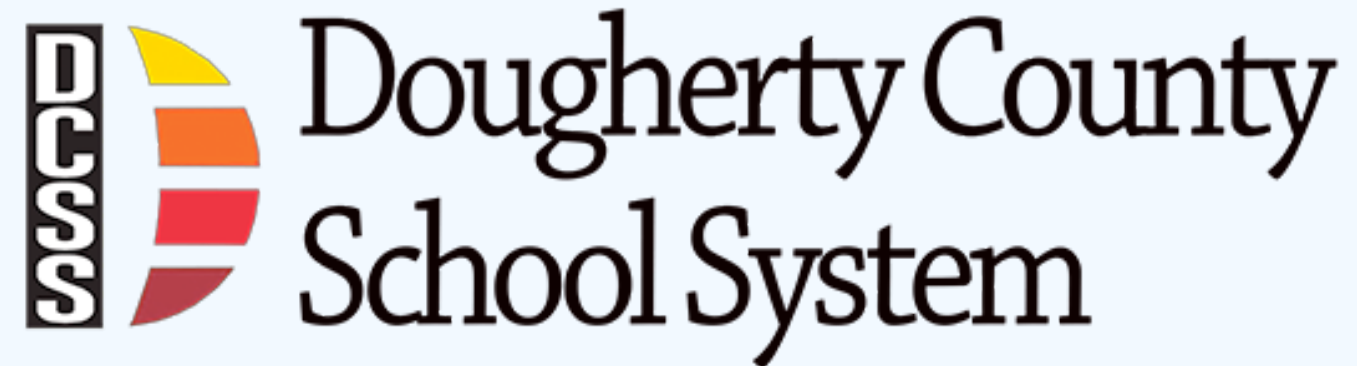
**6,500+ man hrs**

Saved through streamlined evaluations.

**6,512**

Successful evaluations and **future commitments.**





"The AI Mental Health Wellness tool has been pivotal in our district, particularly uncovering hidden depression among honor roll students. This innovation enables targeted support, showcasing the necessity for advanced mental health solutions. I support its broader use, reflecting the Fidelity Foundation's commitment to improving education."

**Kenneth Dyer**

*Superintendent, Dougherty County Schools*





# Contact Us

If you have any question(s) following the presentation, please feel free to reach out at [Info@fidelityfoundation.com](mailto:Info@fidelityfoundation.com)